Press Release

Contact Information:

Org or Company Name

Contact Name

Phone Number

Email Address

Release Date:

Date

Applies Suicide Intervention Skills Training (ASIST)

It is estimated each year we loss 48,000 friends, family and community members to suicide. Suicide is the 2nd leading cause of death for 10 – 35-year old’s, men between the ages of 35 – 65 are the highest risk populations. Research shows suicide can be prevented.

ASIST is a two-day, two-trainer, workshop designed for members of all caregiving groups. Family, friends, and other community members may be the first to talk with a person at risk, but have little or no training. ASIST can also provide those in formal helping roles with professional development to ensure that they are prepared to provide suicide first aid help as part of the care they provide.

The emphasis is on teaching suicide first-aid to help a person at risk stay safe and seek further help as needed. Participants learn to use a suicide intervention model to identify persons with thoughts of suicide, seek a shared understanding of reasons for dying and living, develop a safe plan based upon a review of risk, be prepared to do follow-up, and become involved in suicide-safer community networks. The learning process is based on adult learning principles and highly participatory. Graduated skills development occurs through mini-lectures, facilitated discussions, group simulations, and role plays.

To register for this training:

Registration link

Place

Address

City, State

Date: Both Days

830am to 430pm