Macintosh HD:Users:hairtothestars:Downloads:+SoulShop_Logo_Final:EPS:SoulShop_Logo_Slimbach_Leaf_4C.eps

Leaving in Good Hands

|  |  |  |
| --- | --- | --- |
| Suicide Crisis Lines |  |  |
| National Prevention Hotline |  | 800-273-8255 (988 starts in 7/2022) |
| National Text Line |  | 741-741 |
| Emergency Number |  | 911 |
| Non-Emergency |  |  |
| American Foundation for Suicide Prevention |  | [www.AFSP.org/get-help](http://www.AFSP.org/get-help) |
| Finding Mental Health |  |  |
| Finding a Mental Health Professional |  | <https://www.dbsalliance.org/> |
| Local Mental Health Agency: |  |  |
| Local Mental Health Agency |  |  |
| Domestic Violence Ministry/Shelter(s): |  |  |
| Homeless Shelter(s): |  |  |
| Substance Abuse Counseling: |  |  |
| Legal Assistance/Legal Aid |  |  |
| Child Abuse Reporting: |  |  |
| Loss of a loved one |  |  |
| American Foundation for Suicide Prevention – Support |  | <https://afsp.org/find-a-support-group/> |
| American Foundation for Suicide Prevention – Loss reading list |  | <https://afsp.org/books-for-loss-survivors> |
| Parents of suicide |  | <http://parentsofsuicide.com/resources.html> |
| Other resources: |  |  |
| Those thinking about suicide |  | https://afsp.org/what-to-do-when-someone-is-at-risk |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |